
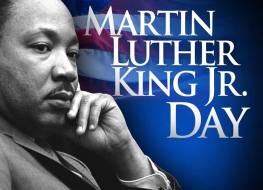


HARRISBURG HIGH SCHOOL AND MIDDLE SCHOOL JANUARY GLUTEN FREE LUNCH MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	EVERYDAY
THE DINER						CAFÉ FRESH Chef Salad Grilled Chicken Salad Every meal comes with the Fruit & Vegetable Bar and milk. Lunch Meal Prices Elementary \$2.65 Middle School \$2.80 High School \$3.00 Adult \$3.60 Extra Entrée \$1.30 Extra Milk \$0.40 Any questions, comments or concerns Chris Beach 607-743-9031 chris.beach@k12.sd.us
WEEK OF 01/02		Chicken Fajitas w/ corn tortillas Refried Beans	Pepperoni Pizza Steamed Broccoli	Chicken Nuggets Green Beans	Italian Sub Sandwich Steamed Peas	
WEEK OF 01/09	Sweet & Sour Chicken Rice Stir Fry Vegetables	Pulled Pork Sandwich Baked Beans	Spaghetti & Meatsauce Green Beans	Beef Tacos w/ corn tortillas California Blend	Grilled Chicken Burger Sweet Potato Puffs	
WEEK OF 01/16		Nacho Grande Taco Fiesta Black Beans	Sweet & Sassy BBQ Rib Sandwich Steamed Corn	French Dip Wedge Cut Fries	Pepperoni Pizza Steamed Carrot Coins	
WEEK OF 01/23	Hamburger or Cheeseburger Green Beans	Pepperoni Pizza Refried Beans	Chicken Alfredo Steamed Broccoli	Hot Dog Steamed Peas	Grilled Chicken Burger California Blend	
WEEK OF 01/30	Hamburger or Cheeseburger Baked Beans	Cheese Pizza Tri Tator	Sweet & Sour Chicken Noodle Bowl Stir Fry Vegetables	Walking Tacos Steamed Vegetables	Turkey Sub Sandwich Steamed Corn	