

Harrisburg High School and Middle School
December Gluten Free Lunch Menu



	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Everyday</i>
	<i>The Diner</i>					<i>Café Fresh</i>
Week of 11/28	Hamburger or Cheeseburger Steamed Cauliflower	Nacho Grande Taco Fiesta Black Beans	Sweet & Sassy BBQ Rib Sandwich Steamed Corn	French Dip Wedge Cut Fries	Pepperoni Pizza Steamed Carrot Coins	Chef Salad Grilled Chicken Salad
Week of 12/5	Chicken Nuggets Green Beans	Cheese Pizza Refried Beans	Chicken Alfredo Steamed Broccoli	Hot Dog Steamed Peas	Grilled Chicken Burger California Blend	Every meal comes with the Fruit & Vegetable Bar and milk.
Week of 12/12	Hamburger or Cheeseburger Baked Beans	Pepperoni Pizza Tri Tator	Sweet & Sour Chicken Noodle Bowl Stir Fry Vegetables	Walking Tacos Steamed Vegetables	Turkey Sub Sandwich Steamed Corn	
Week of 12/19	Philly Cheese Steak Sandwich Sweet Potato Fries	Cheese Pizza Cajun Red Beans ♦	Sweet & Sassy BBQ Rib Sandwich Steamed Carrot Coins			Lunch Meal Prices Elementary \$2.65 Middle School \$2.80 High School \$3.00 Adult \$3.60 Extra Entrée \$1.30 Extra Milk \$0.40
						♦ = May contain pork. Any questions, comments or concerns Chris Beach 607-743-9031 chris.beach@k12.sd.us